

TEEN BOYS GROUP



A WEEKLY PROCESS AND SUPPORT GROUP PROVIDING A SAFE PLACE FOR TEENAGE BOYS TO SEEK SOCIAL SUPPORT FROM OTHER PEERS AND TALK ABOUT LIFE'S STRUGGLES WITH THE FOLLOWING ISSUES:

- Peer Pressure & Fitting In
- Self Esteem & Confidence
- Body Image
- Stress & Anxiety
- Self-Destructive Behavior
- Relationships & Communication
- Moodiness & Sadness
- Drugs/Smoking & Alcohol
- Sexuality
- Social Media & Bullying
- Coping Strategies
- Emotional Regulation

Group Facilitated by Michael Piciuccio

Email info@arrowheadfamilysystems.com for information or to register.

(REGISTER EARLY AS WE KEEP GROUPS SMALL TO CREATE A COMFORTABLE SPACE)